

**Service Level Agreement between the burden basket and [insert school name] to deliver “the Hope Project”**

**Project name: *The Hope Project***

**School Contact:**

**School:**

**Project Lead: Rachel Rayner / 07962 229 206**

**Date: Sept 2018-July 2019**

**PROJECT DESCRIPTION:**

The *Hope Project 2016* is an early intervention project aimed at supporting the emotional needs of pupils in schools to ensure they are “flourishing” (THRIVE Model). This is done through universal promotion and preventative activities, 1:1 listening sessions, signposting, self-help, self-management, drop-ins or group activities provided by a trained and supported school staff member. This staff member will become the school’s mental health & emotional wellbeing “champion”. This is best complemented by a whole-school promotion of good emotional health & wellbeing. *Hope* helps children and young people of all ages by providing support when and where the mental health need arises.

**AIMS:**

- To train and educate school staff to provide a Mental Health provision via help/advice/coping service to children and young people.
- To offer an early intervention service to children, young people and families supporting pupils’ emotional wellbeing.
- To prevent the need for higher level, expensive specialist mental health intervention.
- To complement the **whole school** approach to emotional health & wellbeing/mental health.
- To continually improve staff understanding and knowledge of children & young people’s mental health.
- Use of initiatives such as peer support, digital based support as well as school-based interventions to promote young people’s positive mental health and wellness.
- Collaborate and involve pupils in the development of individual and community resilience.

**PROJECT REQUIREMENTS:**

- MH Champions must have completed the full four-day training programme which includes training on children & young people’s mental health/self harm/resilience/self-esteem/listening & questioning skills/outcomes/evidence-based treatment.
- The school must agree to release the mentor for a minimum of ½ a day per week to develop and deliver the MH support and to prepare their interventions.

- Delivery of the Hope Project is specifically during the school day and within term time.
- MH Champions are required to attend a minimum of one networking meeting per term which is in addition to their dedicated delivery time.
- The school agrees to release the MH Champion to deliver the program throughout the academic year.
- The school / Champion is required to complete outcome data / feedback on forms provided and ensure this is forwarded to the Project Lead at specified times during the academic year.
- The Mentor agrees to deliver the Hope Project in accordance with the definition and remit of provision as defined within the SLA.
- *Hope* documentation to be used for all pupils and to be kept in a secure, locked location on the school site.
- The school confirms that the MH Champion has undertaken safeguarding training.
- Staffordshire Safeguarding procedures are followed and appropriate documentation kept.
- Mentor will be familiar with the referral pathway when signposting to other agencies and will document referrals for evidence.

**PROVISION by the burden basket/HOPE Project:**

- Four days of training
- Half-termly supervision/professional development meetings
- All the paperwork and forms required (kept to a minimum)
- Telephone or email contact for guidance, advice and support when needed
- Trained and experienced specialist staff in child & adolescent mental health with professional registration where appropriate and recruited under Staffordshire Safer Recruitment guidelines, DBS compliant and professional indemnity/liability insurances.



Hope Project Lead: R. Rayner,  
Date: Jan 2018

Headteacher/School:  
Date:



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